

# Comprehensive Services

Home Repair  
Home Safety Modifications  
Geriatric Case Management  
Community Outreach  
& Education  
Information & Referral  
Occupational Therapy

*Services available free to all 65+ residents of Baltimore City who meet income requirements.*



**Civic Works**

**Cities for All Ages**

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**Civic Works**

**Cities for All Ages**

Helping older adults live better



Serving Baltimore City

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# Our Philosophy

At Cities for All Ages, we believe that older adults are a vital and valuable part of a strong community.

We aim to offer the community's elders practical services and information essential to healthy and successful living.

We believe helping older adults live better will make our neighborhoods safer, stronger and more vibrant for residents of all ages.

To learn more about Cities for All Ages, please contact us at (410) 449-2322

All services are provided free of charge.

## Home Repair

Improving homes means improving quality of life for the community's older adults and the entire neighborhood. That is why Cities for All Ages (CAA) offers home repair services to qualifying seniors.

## Home Safety Modifications

Accidents at home remain a top cause of injury and death in the United States. As part of the service, CAA can assess home safety risks, address fall hazards, install needed rails and help improve lighting conditions.

## Occupational Therapy

Occupational Therapists are able to adapt environments, modify tasks, or teach new skills in order to increase an individual's ability to perform daily activities or other activities that are meaningful to them.

## Energy Efficiency

Rising energy costs can place a financial strain on us all. Participating older adults may wish to take advantage of energy-saving light bulbs, water saving faucets, cool roof coatings and more.

## Community Connection

Nonprofit organizations, state and local government and many other groups offer services and benefits to older adults. However, finding and applying for help is not always simple. CAA offers assistance in linking seniors with these services.

## Community Outreach, Education & Activities

CAA offers a host of engaging and entertaining activities for older adults. In addition, workshops can be offered in a variety of topics related to healthy aging. Seniors, worship centers and other community groups are encouraged to contact the program for more information.

